

YOU ARE INVITED

Are you a parent or carer of a child or young person who is experiencing mental health challenges looking for a non-judgemental safe space to receive support and guidance from people with lived experience?

Are you a professional from a similar field looking to collaborate with us to reach more families?

Would you like to train to become a mentor to support other families?

Do you like cake?

20th June 10am-2pm
Calm Connections Centre
Stretford Mall

We have organised a drop in event for information sharing and gathering

IT WOULD BE GREAT TO SEE YOU THERE

Please book on using
the Bookwhen link below
www.bookwhen.com/calmconnections

BOOK HERE



Calm
Connections



calmconnections.scic



[@calmcic](https://twitter.com/calmcic)

www.calmconnections.org